

# A brief note for Future Trainees



Youth  
Mental Health  
Collective

Professor Srividya Iyer, as well as the Youth Mental Health Collective, enjoy fostering next-generation leadership by mentoring and training undergraduate and graduate students, research-track residents, postdoctoral fellows, young scientists, and highly qualified personnel.

## How do we integrate equity, diversity, and inclusion in our approach to training?



**We prioritise applicants** from historically marginalised and underrepresented communities, including those with lived experience of mental ill-health or caring for someone with mental ill-health.



**We consider it our privilege** to contribute to the training of Indigenous scholars. Our team works closely with Indigenous researchers, partners and communities on many projects.



**We strive to create a culturally safe**, supportive, and nurturing environment through support, allyship, mentoring, fostering community, and identifying and reducing barriers that hinder equitable and diverse representation in academia.



Trainees and staff are encouraged to engage in **reflecting on their** role, experiences, and assumptions, and how these influence their work.



Trainees and staff **receive training and have access to resources** related to sex and gender-based considerations, intersectionality, antiracist practices, cultural safety, etc.

## Who are we looking for?



You are interested in the mental health and well-being of young people.



You are passionate about learning, discovery, and growth.



You share a commitment to hard work, excellence, humility, social justice, and equity.



You see the value of partnering with persons with lived experience; their families/carers; health, community, Indigenous and government partners.



For our Quebec-based projects, we are often looking for trainees who speak French or can speak French and English.

### What fields can trainees come from?

Social sciences, psychology, social work, psychiatry, public health, global health and epidemiology, and other disciplines. We strongly encourage interdisciplinary projects.

### What topical areas can trainees focus on?

Mental health services research, global mental health, youth mental health and well-being, Indigenous mental health, implementation science, and learning health systems. We have quite a broad canvas so if you have an idea or a topic in mind, please reach out!

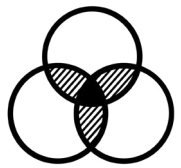
### What methods can trainees use?

Again, our methodological canvas is wide, and we are open to methodologies that are novel or that we have not used earlier in our group. Some methods we have used are knowledge synthesis, health administrative, services and population data analyses, qualitative methods, mixed methods, arts-based methods, interdisciplinary methods, etc.

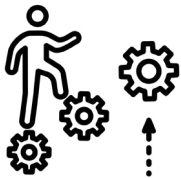
## What makes it special to train with Professor Iyer and the Youth Mental Health Collective?



An opportunity to learn more about and help bridge science-practice and science-policy gaps. Our work spans wide geographies – Quebec, various parts of Canada and beyond. You will work with a wide range of stakeholders -lived-experience experts, policymakers, service providers, community organizations, policy or decision makers and so on. You will have access to real-world settings, and national and international networking opportunities.



You can pursue interdisciplinary research if you like that. We collaborate with experts from varied disciplines (e.g., psychiatry, epidemiology) and areas of expertise (e.g., data science, policy, etc.). Trainees can be co-supervised to allow for complementary perspectives, and co-supervisors can be from inside or outside McGill University, given Iyer's wide and strong network.



You get to develop skills in research, communication, management/coordination, teaching/training, and ethics. You get to take world-class courses at McGill and attend or benefit from diverse lectures, talks, workshops, etc. at the Douglas, McGill and beyond.



All our trainees publish, present at conferences/meetings and secure competitive fellowships and awards. Trainees also get to pursue core and personal objectives, which are explicitly discussed throughout. They will have access to a diverse, vibrant, dynamic, well-organized [team](#) and supervision and peer support. All trainees get mentoring and support to launch their careers. [Previous trainees](#) have all successfully moved on to fulfilling next steps – graduate school, academic, research or public sector careers, etc.

**Our work is meaningful.  
We work hard and have  
great fun doing so!**



Contact [srividya.iyer@mcgill.ca](mailto:srividya.iyer@mcgill.ca) and [navdeep.kaur.comtl@ssss.gouv.qc.ca](mailto:navdeep.kaur.comtl@ssss.gouv.qc.ca) if you would like to join the team as a trainee! Please attach your CV when you email us.